Hockey Rules
March 2016

Hockey will be conducted according to the rules of International Hockey Federation, with specific ICSC exceptions listed below.

1. The Event
Hockey is contested as a gender-specific Round-Robin Tournament with Preliminary and Finals matches. The previous year’s top four placed teams will be seeded accordingly, while the remaining teams will be seeded according to the current year’s Random Draw.

Finals are knockout and shall consist of Quarter Finals, Semi-finals and a Grand Final, with a 3rd/4th play-off.

2. Team Size and Format
Each college team shall comprise a squad of up to 16 players. The minimum number of players that can be fielded without incurring a forfeit is seven.

3. Match Duration
All matches will comprise 2 x 20 minute halves with a five minute break at half-time.

In line with Hockey Victoria and FIH rules, extra time is replaced by an immediate penalty shootout (not penalty strokes). It was decided this was the best course for keeping games to time. There is a comprehensive rundown of the penalty shootout rules, with point 13 being the most important regarding the process. Please be aware of this.

4. Rule Variations
For safety reasons (varying skill level in teams) players are NOT permitted to ‘play the ball when it's above their shoulder’. This is the standard rule for all Hockey Victoria competitions below Premier League and Premier League Reserves.

5. Late Starts and/or Forfeits
For each five minute period that a team is late, a goal will be awarded to the opposing team until 10 minutes has accrued. If a team does not have seven players to commence the game within 11 minutes of the scheduled starting time, a forfeit shall be declared with the score of 8 – 0 being awarded to the non-forfeiting team.

6. Game Officials
Umpires will be provided for each game. Suitably qualified independent umpires will be sought by the Host, however colleges may also be requested to provide umpires (qualified and/or suitably experienced) where independent umpires are not available.

Each team shall also be required to provide one scorer for their own game.

7. Uniform and Equipment
Competitors should wear their College sport uniform. Numbers must be present on all uniforms and numbers must be recorded on the team sheet. All players must also wear shin guards. Any player not wearing shin guards will be asked to leave the field by the umpire. All goal-keepers must also were a full and complete goal-keeping uniform.
Hockey balls will be provided by the Host College prior to each match. Where requested, please return these at the completion of the games to the host college. Colleges should provide their own practice balls.

8. ICSC Policies
All ICSC Policies and Procedures must be adhered to by all participants. Designated Team Captains and College Sports Representatives are also expected to ensure their College participants are aware of all relevant polices and procedures and act accordingly.

<table>
<thead>
<tr>
<th>Issue No.</th>
<th>Issue Date</th>
<th>Author</th>
<th>Description of Change</th>
</tr>
</thead>
<tbody>
<tr>
<td>01</td>
<td>Mar 2007</td>
<td>MU Sport</td>
<td>Original rules</td>
</tr>
<tr>
<td>02</td>
<td>3/12/2012</td>
<td>T. Lutwyche</td>
<td>Updated as per ICSC Rules Committee</td>
</tr>
<tr>
<td>03</td>
<td>31/3/16</td>
<td>T. Lutwyche</td>
<td>Updated timing and penalty rules</td>
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